

Four Acculturation Orientations of Youth

Based on Model from J. W. Berry

Definitions

- Integrated** Retains practices from the culture of origin and adopts practices of the receiving culture (Maintains Hispanic practices and adopts American practices too)
- Assimilated** Adopt only the practices of the new culture and do not practice any practices from their heritage
- Separated** Retains only the original cultural practices (Hispanic practices) and do not learn new (American) culture practices
- Marginalized** Very confused, do not practice their original culture nor have they adapted to the new culture
- Americanism** Tendencies toward American culture
- Hispanicism** Tendencies toward Hispanic culture
- Bi-dimensional Process** Both the receiving of new culture ideals and the retention of original culture ideals.
- Acculturation** A process that occurs in first and second generation immigrants that determines whether they accept new practices, retain original practices or both

This information comes from “The Journal of Early Adolescents,” A Bidimensional Model of Acculturation for Examining Differences in Family Functioning and Behavior Problems in Hispanic Immigrant Adolescents.
<http://jea.sagepub.com/cgi/content/abstract/27/4/405>

	Youth who <u>retain</u> original culture	Youth who do <i>not</i> <u>retain</u> original culture
Youth who <u>adopt</u> U.S. culture	<p style="text-align: center;"><i>Integrated</i></p> <p>+ positive adaption + school adjustment + high self-worth + high well-being + high parental involvement + positive parenting + family support + favorable family functioning + high parent-teen communication (US or foreign born have equal chance of being integrated.)</p>	<p style="text-align: center;"><i>Assimilated</i></p> <p>✗ Delinquency ✗ Depression ✗ Substance abuse ✗ Aggressive behaviors ✗ Highest level of behavior conduct problems (US born are more likely to be assimilated.)</p>
Youth who do <i>not</i> <u>adopt</u> U.S. culture	<p style="text-align: center;"><i>Separated</i></p> <p>+ decreased likelihood of participation in delinquent activity (Youth who are foreign born are more likely to be separated)</p>	<p style="text-align: center;"><i>Marginalized</i></p> <p>✗ Anxiety ✗ Depression ✗ Delinquency ✗ Substance abuse</p>